

# Team Guidelines

## PLAYER REQUIREMENTS

### Playing & Practice

Players must turn in a signed parental permission and contacts sheet to be eligible to practice and play. All forms must be submitted by the required deadlines and dues paid by the dues deadline in order for individuals to be allowed to play and to participate in tournaments.

Each player must wear a mouth guard and approved protective eyewear during all **practices** and **games**. Goalies must wear additional protective equipment.

UIL No Pass No Play rules will be enforced during the playing season.

Players must attend 90% of scheduled practices to be eligible to play in games. Missing practice during the playing season without prior approval from the coach is serious. Game starts will be eliminated and playing time will be reduced for unexcused absences from practice during the playing season. Arriving late or leaving early from practice also requires prior notification and permission from the coach or will be treated as an unexcused absence.

Players are to clear the bench area of trash after practices and games and, if necessary, to move/secure the goals.

### Fund Raising

Each player must participate in at least one of the team fund raising activities to be eligible to play. Fund raising benefits the team as a whole and as such all team members and parents are expected to participate. Fund raising moneys or product must be turned in promptly to the coordinator.

### Uniforms

Lacrosse uniforms are the property of the Team and consist of 1 kilt, 1 white jersey, and 1 navy jersey. Each team member will be required to sign for her uniform. Each team member will be responsible for the care and maintenance of her uniform. The cost of a complete uniform is \$100 and this amount will be accessed to each team member that does not turn in her uniform in the original condition excluding normal wear and tear.

All team members are required to wear both their jersey and kilt at all games. Jerseys and kilts should be hand washed and **NEVER** put in the dryer. The kilts

will shrink and wrinkle and the plastic numbers on the jerseys will melt from the dryer heat.

Shorts or pants worn under the uniform must be black or navy as do socks.

Do not cut, sew, hem, write on, or alter the team uniform in any way.

Team uniforms will be provided for each team member prior to the first game and must be returned to the booster club at the end of the season.

### **Aggieland Classic Tournament**

Annually the Kni-Tros participate in one out of town tournament per year in College Station . The Aggieland Classic is traditionally been held in late January or early February.

All players are encouraged to attend this tournament to kick off the spring season. The following requirements apply to this event:

Keep your gear with you. YOU are responsible for stolen or lost items.

**Any illegal action (use or possession of drugs, alcohol, firearms, or weapons of any kind) by a player will be attended to by the appropriate law enforcement agency.**

Only those persons assigned to a room will be in the room after 11 p.m.

Observe hotel quiet time between 10 p.m. until 9 a.m.

Team members must be accompanied by an adult when utilizing the pool area or leaving the hotel.

Exhibit respect for authority, property and each other at all times.

Be on time for each game.

Be prepared to play lacrosse.

Have fun!

Players not adhering to these rules will be ineligible to play in the Aggieland Classic tournament. No refunds will be made and parents will be notified immediately.

## **COACHING REQUIREMENTS**

- Keep practice and play fun, yet have high expectations for success.
- Keep attendance for all scheduled practices and games.
- Enforce the practice rules as described above concerning practice attendance and game starts and play time.
- Enforce the *No Pass No Play* rules. Booster club will assist with getting and reviewing grades during the playing season.
- Follow AISD guidelines and provide required documentation for PE credit if PE credit is allowed by AISD.

## **BOOSTER CLUB REQUIREMENTS**

- Coordinate and assist with fund raising activities.
- Assist with uniform inventory control during the season and uniform turn in at end of season.
- Assist with the player record keeping.
- Distribute information to players, coaches, and parents by email and/or phone.
- Mark the field before home games.
- Keep score and time for home games.
- Provide water, snacks and drinks for the players and coach at all games.
- Assist teacher sponsor to pay the bills including team league fees, referee fees, tournament fees.
- Assist with reservations and costs for team travel to tournaments and chaperone as needed.
- Assist with *No Pass No Play* enforcement.
- Purchase supplies and equipment for the team.
- Assist with complying with AISD requirements for PE credit.